

**20/20 EYE CARE**  
*A Family Eyecare Practice*  
**Samia Idris, O.D.**

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**Dilation**

In order to thoroughly examine the internal structure of the eye, it is necessary to enlarge the pupil of the eye (dilation). This allows the doctor to observe the peripheral area of the retina that would otherwise be hidden from view. Many problems that can be corrected early can be found this way. Dilation is accomplished by using eye drops.

The drops' effects may last from four to twelve hours. You may experience blurred vision for reading. Your distance vision will usually not be blurred, but it may seem a little distorted. The drops will also cause your eyes to be more sensitive to light, and you will be given a pair of disposable sunglasses to wear to relieve this effect.

You will be able to drive after having your eyes dilated, but you should use extra caution. This also applies to all other physical activities such as walking, climbing stairs or curbs, etc.

Complications from dilating drops are extremely rare. If you should experience any unusual pain or discomfort after having your eyes dilated, you should call the office immediately.

\*Have you had your eyes dilated before?    Yes    No

(If Yes, were there any problems experienced? (please list if any) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I have read the above explanation and have had my questions about dilation answered satisfactorily.

**(Must be 18 yrs. or older to sign this form. Please sign one line only.)**

I hereby agree to have my eyes dilated.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

I hereby refuse to have my eyes dilated.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

I hereby agree to have my eyes dilated but at a follow-up visit.

Signature \_\_\_\_\_ Date: \_\_\_\_\_